



### TIPS AND TRICKS

- Use in a safe environment with people that you trust.
- Have a person that you trust, preferably an experienced user, present with you, particularly as you may feel faint, or sexually aroused.
- Do not touch the liquid – contact with the skin can cause irritation and rash.
- Extensive use can damage the nose and lungs.
- Never combine amyl with Viagra (sildenafil) or other erectile dysfunction medications as these drugs have similar effects by causing sudden decrease in blood pressure - this can be a fatal combination.
- To prevent spilling, particularly when using to enhance sexual intercourse, pour a small amount in a separate, clearly marked glass bottle filled with cotton-wool balls – an old amyl bottle is ideal for this. Store the rest, tightly sealed, in the fridge or freezer. Always mark your amyl clearly, as ingestion can be fatal.
- Be careful not to spill the liquid as it can cause a nasty reaction on your skin.



### MORE INFO

This resource is not a complete guide so do some further research. The following websites may help:

[www.dancewizensw.org.au](http://www.dancewizensw.org.au)  
[www.nuaa.org.au](http://www.nuaa.org.au)  
[www.prism.org.au](http://www.prism.org.au)  
[www.erowid.org](http://www.erowid.org)  
[www.hrvic.org](http://www.hrvic.org)  
[www.dancesafe.org](http://www.dancesafe.org)  
[www.tripproject.ca](http://www.tripproject.ca)  
[www.yourroom.health.nsw.gov.au](http://www.yourroom.health.nsw.gov.au)

This resource has been developed for people who use or intend to use drugs. Our role is to provide factual, relevant and practical information so you can make informed decisions. We promote harm reduction and safer partying.

This resource has been developed and adapted by DanceWize NSW with support from DanceWize, Harm Reduction Victoria, PRISM, and DanceSafe.

DanceWize NSW is a program of NSW Users and AIDS Association (NUAA).

# JUST SAY KNOW.



# AMYL NITRITE

POPPERS, RUSH, RAM, JUNGLE JUICE, AMYS, BOPPERS, LIQUID GOLD, THRUST, AMYL

**Know your mind, know your body, know your substance, and know your limits**

Amyl nitrite is an inhalant and relaxes smooth muscles tissue around blood vessels, causing the blood vessels to dilate. As amyl relaxes muscles in the anus and vagina, it is sometimes used during sex to facilitate penetration.

Amyl nitrite is a drug that affects the heart and blood circulatory system. Though usually only described in Australia as amyl or amyl nitrite, some types of poppers are actually other forms of alkyl nitrites, which include isobutyl nitrite and butyl nitrite.

Amyl is sold recreationally as a liquid for the purpose of inhaling the vapour. Amyl nitrite has a very low vapour point, which means that although it is a liquid, it evaporates as soon as it is opened to the atmosphere.

### CHEMICAL COMPOUND

N-Amyl nitrite  
2-Methylpropyl nitrite





### HOW IT'S TAKEN

Vapour is inhaled.

### DOSAGE AND SAFER USING TIPS

Taking drugs is never without risk. Information on dose and length of action are of a general nature. Each person's response to a drug will depend heavily upon individual factors such as body weight, kidney and liver function. Because most purchased drugs are of unknown purity and weight, use caution when dosing, start low and go slow.

- DO NOT SWALLOW THE LIQUID INSIDE THE BOTTLE, AS THIS CAN BE FATAL. If this happens by accident, call 000 immediately.
- Amyl is inhaled directly from the bottle. Recap it immediately after inhaling.
- Start with a small dose to test strength.
- Close one nostril and take a breath with the other.
- You may become dizzy, so be aware of your surroundings. Sit down if you need to.
- The contents of a bottle can vary as this is an uncontrolled substance; it could be one of several similar compounds.

### ROADSIDE DRUG TEST

Amyl is not detectable by a saliva test. It's best not to drive until the effects have completely worn off and you have had a decent sleep. Make sure you take this into consideration when planning your ride home from a festival or event.

### DURATION OF EFFECTS

Total duration: 2-3 minutes

Onset: 30 seconds

Peak: 1-2 minutes

Coming down: 1 minute

Hangover/after effects: 1-5 minutes

### MOST COMMON EFFECTS\*

Rush of euphoria

Flushing of the face

Warming sensations

Excitement

Sexual arousal

Visual distortions

Increased blood pressure

Increased heart rate

Increased sensual awareness

Headache ⚠️

Relaxation of involuntary muscles

Lowered inhibitions

Impaired judgement

\*Effects vary greatly from one person to another.

### LESS COMMON EFFECTS

Nausea ⚠️

Nosebleeds ⚠️

Lethargy (feeling heavy)

Breathing problems/shortness of breath ⚠️

Dizziness ⚠️

Increased possibility of infection

Involuntary urination ⚠️

Headache ⚠️

### RARE EFFECTS

Death (if swallowed) ⚠️

Irritation ⚠️

Rash ⚠️

Vomiting ⚠️

Lipoid pneumonia ⚠️

Temporary or permanent visual impairment ⚠️

### POSSIBLE LONG-TERM EFFECTS

- Mild allergic reactions and skin irritations
- Potentially life-threatening methaeglobinaemia – a blood disorder that can lead to inadequate oxygen supply to body tissue
- Risk of fluid pressure build-up in eye, especially in people who have glaucoma

### UNSAFE COMBINATIONS

- **Viagra or other erectile dysfunction medications** = a high risk of loss of consciousness due to sudden and extreme drop in blood pressure. This may require immediate medical attention - call 000 in case of emergency.
- **Amphetamines or other stimulants** = increased strain on the heart and places the body under excess stress.
- **Depressants** = can lead to depressed breathing.
- **Alcohol** = risk of hypotension and cardiovascular collapse.
- **Psychedelics** = strong combination leading to visual and auditory combinations. Sit down trying this combination. Can lead to extreme headaches.

Take a look at the TripSit drug combinations chart online, or in the DanceWize NSW chill space for info.



**Amyl use is not recommended if you have or have had:**

- Anaemia
  - Pregnancy
  - Recent stroke
  - High blood pressure
  - Low blood pressure
  - Head injury/haemorrhaging
  - Respiratory problems
  - Glaucoma
  - Suppressed immune system
  - or if you are pregnant
- Speak to your doctor for more info on drug combinations/health conditions. Speak to DanceWize NSW for referrals.



**Seek help from onsite medical, DanceWize NSW or call 000 if experiencing adverse reactions**